



## Newsletter January 2026

We hope you are keeping fit and well and are looking forward to the coming season, which will commence with the Club Opening Day and Buffet on **Sunday, 12 April** – details to follow.

Social dates for your diary are:- **Friday, 30 January** – Games + bring and share supper – bar open from 4pm.

**Friday, 27 February** – Bingo and Fish and Chips and **Friday, 27 March** – Curry Night. Joy will be in contact with you nearer the time for food orders and timing.

During the closed season, our team of volunteers have been busy looking after the green, garden and clubhouse maintenance. Our green has been through a thorough renovation programme with Turfcare, and is looking good. Well worth the investment for the years ahead. Worm casts have been successfully treated.



We are always looking for new ways for newer members to be more involved, therefore, if you can think of any ideas, or would like to help, please let a member of the Committee know.

Safeguarding is very important for our Members and their guests. Our team will shortly be arranging a meeting for those interested to learn more, however, in the meantime, please look at the notice board inside the club for relevant details. Information can also be found on our website.

**Coaching** is also important and, again, we anticipate offering regular coaching sessions, through our newly qualified, Level 2 coach, Andy Jakes. I am sure you will fully appreciate the time and effort he has made to achieve this level. Andy can provide coaching in the following areas:-

Technical and tactical shot selection with decision making; playing with weight; range of shots together with delivery and line and length etc. An excellent example of this is 'headbuilding' activities that he can run which involves anywhere between 2-8 players at the same time. This is to highlight how everyone within the team should be involved. Especially useful to newer players when deciding on what shots to play. This could involve practice sessions which he is more than happy to run and feels this is a very useful activity.

Andy (07970 217960, or [a.jakes@sky.com](mailto:a.jakes@sky.com)) is happy to be contacted directly by members to discuss individual bowlers requirements with a coaching and action plan for each.

It goes without saying that our personal thanks go to each of you who gives their free time to support our projects, which includes the numerous social events and raffles; as well as those who assist with the upkeep of the Clubhouse.

Website address: [www.somershamtownbowlsclub.co.uk](http://www.somershamtownbowlsclub.co.uk) Check the site for Club info, including fixtures, League results, etc. All Fixtures for the 2026 season will be uploaded as soon as they are known. Rink Booking: [www.somersham.rinkdiary.co.uk](http://www.somersham.rinkdiary.co.uk)

*Your Committee*